

(Affiliated to the Council for the Indian School Certificate Examinations, New Delhi) School Affiliation Code : KA123 School Dise Code : 29200903861

22nd March 2024

Circular – Implementation of Digital Discipline Policy

Dear Parents,

We hope this message finds you well. In today's digital age, technology plays an increasingly significant role in our lives, including education. While digital tools offer immense opportunities for learning and growth, they also bring challenges, particularly in maintaining discipline and ensuring the safety and well-being of our students.

This is to inform you that we are implementing a **Digital Discipline Policy** to ensure a safe and focused learning environment for our students. By establishing clear guidelines for device usage, we aim to minimize distractions and optimize the learning experience. The implementation of this policy helps to prevent cyberbullying, harassment and other forms of inappropriate online behaviour.

We believe that by implementing this Digital Discipline Policy, we can create a safer, more productive and conducive learning environment for all students. **Kindly go through the policy and the declaration form attached with this circular and do the needful**. Both the policy and the declaration form will be available in the Student Hand book. Request you to fill up the details, duly sign and return the forms on the day of re-opening.

Continued

P.B. 3417, 3rd Block, Koramangala, Bengaluru - 560 034 Phone : 25531076/ 25500123 Email : office@stfrancisschoolicse.com



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Students are strictly prohibited from maintaining any social media accounts or use the family members' social media accounts until Standard 10. Students who own any social media accounts should delete them before May 20, 2024. Failure to comply with this policy will result in serious consequences, disciplinary action will be taken against these students as determined by the School Administration.

If you need any assistance in guiding your child to overcome social media addiction, please reach out to the school. We will be more than happy to help. If you have any concerns with regards to the Digital Discipline Policy, please mail the same to principal@stfrancisschoolicse.com.

Your cooperation and support in reinforcing these guidelines at home are invaluable. Together, we can ensure that our students develop into responsible and accountable digital citizens.

Regards,

Antony D. Vayalil

P.B. 3417, 3rd Block, Koramangala, Bengaluru - 560 034 Phone : 25531076/ 25500123 Email : office@stfrancisschoolicse.com

Implementation of Digital Discipline Policy

Dear Parents,

At St Francis, we believe in the well-being and academic success of our students, which is why we have implemented strict digital discipline policies, including a restriction on social media accounts until standard 10.

This policy aims to:

1. Promote Academic Focus: Delaying social media access allows students to concentrate on their studies without potential distractions, fostering a more conducive learning environment.

2. Protect Mental Health: Adolescence is a crucial period of development, and exposure to social media at an early age can impact mental health. Our policy seeks to shield students from potential negative effects on self-esteem and well-being.

3. Prevent Cyberbullying: By limiting social media use, we aim to mitigate the risk of cyberbullying, ensuring a safer online experience for our students.

4. Teach Responsible Digital Citizenship: Delaying social media access provides an opportunity to educate students about responsible online behaviour and the potential consequences of their digital actions.

Students are strictly prohibited from maintaining any social media accounts or use the family members' social media accounts until standard 10. Students who own any social media accounts should delete them before May 20, 2024. Failure to comply with this policy will result in serious consequences, disciplinary action will be taken against these students as determined by the School Administration.

In recognition of students who adhere to our digital discipline policies, we are pleased to introduce a rewards system. By demonstrating responsible digital citizenship and delaying social media use until Standard 10, students will have the opportunity to earn commendations, privileges, and other incentives. This initiative aims to celebrate positive behaviour, motivate others to follow suit, and collectively foster a healthier and more focused learning community.

We appreciate your understanding and support in creating an environment that prioritizes the overall growth and development of our students.

NOTE: THIS IS A DUPLICATE COPY. THE ORIGINAL WILL BE PRINTED IN THE STUDENT HANDBOOK.

Digital Discipline Declaration

Respected Principal,

We, the undersigned, [] and [], parents of [], studying in [], hereby declare our commitment to fostering digital discipline in our child's life. Recognizing the potential impact of excessive gadget use and social media engagement, we aim to establish guidelines to ensure a balanced and healthy digital environment for our child.

1. Limited Screen Time: We pledge to monitor and limit the time our child spends on digital devices, ensuring a reasonable balance between screen time and other activities.

2. Educational Purpose: We encourage the use of digital devices solely for educational purposes, emphasizing the importance of utilizing technology as a tool for learning.

3. Designated Device-Free Times: We will establish specific times during the day when electronic devices, including smartphones and tablets, are not allowed, promoting family interactions and a break from screen exposure.

4. Regular Check-ins: Periodic checks on our child's digital activities will be conducted to ensure adherence to the established guidelines and to address any concerns promptly.

5. Commitment to Digital Discipline Policy: We assure the school administration that we will actively monitor our child's online activity and promptly notify the school by mail or in person, if we become aware of any social media accounts or usage contrary to the school's Digital Discipline Policy.

By signing below, we affirm our commitment to these principles and believe that collaboration between home and school is crucial for the overall development of our child.

Parent's Signature:					
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Date:

Parent's Signature:	
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Date:		

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